Hi, my name is Abigail and I started Kirkintilloch High School on Thursday 16<sup>th</sup> August 2019. I was in your shoes this time last year with mixed emotions thinking how I am going to cope leaving the comfort of my primary school and transferring to high school. So I understand all the feelings that are going through your mind right now, but honestly there is nothing to worry about.

My first day came and went with a mixture of fear and excitement with being one of the youngest in first year but within the first week I had settled in very quickly and by the end of the month I was in a routine. Our day starts every morning with registration at 8.55am, but one day of the week you will have assembly with the rest of your year. After assembly you will head to your first class of the day. You have access to what we call the quad, which is outside in the centre of the school. It is a very good place to hang out either at break or lunch time. The quad is for the first years only, so I will not be allowed access this year.

The uniform policy is strict, you always have to wear your blazer, apart from in class if you are too warm. You have a lot of storage in your blazer where you can keep your pencils, pens, and everything else that you need for your classes. You always have to wear a white shirt with your school tie and black shoes with no other colours. I like to wear the school uniform because it is very neat and tidy, the uniform was designed so that no one feels left out and everyone feels equal, we are all wearing the same.

You will be given a timetable with all your subjects for each period throughout the week, my favourite subjects are P.E, maths, science, and history. PE keeps me fit, maths because I love solving problems, science fascinates me, and history takes me back to a place in time.

My number 1 worry when I was transitioning up to the high school was that I was going to get lost because it is such a big school. I got to know my way around really fast. The best thing about first year is meeting new friends, although I still have all my friends from primary school, I also have a new group of friends, meeting new personalities and getting to know all about them.

I know you have not had the inductions that I had transitioning from primary school to secondary school due to what is going on in the world but please don't worry about a thing. There will be an amazing amount of support, myself included and I know you are going to absolutely love it.

I look forward to meeting you all on your first day and I will be there to help you through your first couple of weeks.

Abigail, S2