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East Dunbartonshire Council

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Grab Bag 04/08/20

This is the menu for our "Grab Bag" which will comprise of a Soup, Sandwich/Baguette, a Snack, Fruit and a Drink.

Weekly Menu

Day	Soup	Main Choice	Snack	Fruit	Drink
Mon	Lentil Soup	Baguette/Sandwich with a variety of fillings e.g. Tuna, Cheese, Chicken, Pork & Turkey *Veg alternative	Cereal bar or Wholesums or Pop oats	e.g. Tangerine, apple, banana, etc.	Yazoo flavoured milk, milk or water
Tues	Tomato Soup	Baguette/Sandwich with a variety of fillings e.g. Tuna, Cheese, Chicken, Pork & Turkey *Veg alternative	Cereal bar or Wholesums or Pop oats	e.g. Tangerine, apple, banana, etc.	Yazoo flavoured milk, milk or water
Wed	Chicken Noodle Soup	Baguette/Sandwich with a variety of fillings e.g. Tuna, Cheese, Chicken, Pork & Turkey *Veg alternative	Cereal bar or Wholesums or Pop oats	e.g. Tangerine, apple, banana, etc.	Yazoo flavoured milk, milk or water
Thurs	Lentil Soup	Baguette/Sandwich with a variety of fillings e.g. Tuna, Cheese, Chicken, Pork & Turkey *Veg alternative	Cereal bar or Wholesums or Pop oats	e.g. Tangerine, apple, banana, etc.	Yazoo flavoured milk, milk or water
Fri	Carrot and Red Pepper	Baguette/Sandwich with a variety of fillings e.g. Tuna, Cheese, Chicken, Pork & Turkey *Veg alternative	Cereal bar or Wholesums or Pop oats	e.g. Tangerine, apple, banana, etc.	Yazoo flavoured milk, milk or water

Primary/Nursery Cost = £2.43

Secondary Cost = £2.54

Please note: If the child cannot eat the filling on that day an alternative can be offered.